

STEM CELLS AND AGEING



Stem cell nutrition A new paradigm in wellness

STEM CELLS HELP:

**Maintain cardiovascular system;
Enhance skin elasticity, reduce wrinkles;
Promote brain and neural health;
Promote immune system and joint health;
Feel stronger and more resilient;
Better sleep, mood, energy and focus;
Enhance sexual potency and performance;
Promote improvements in eyesight;
Promote healthy kidneys, liver, pancreas,
intestines, colon & bowel regularity.**

**THE MOST DRAMATIC HEALTH
BREAKTHROUGH OF OUR TIME**

WHAT IS AGEING?

Ageing is characterized by a progressive loss of muscular strength and mobility that is a high risk factor for falls and a decreased quality of life. This also causes skeletal muscle decline. The adult stem cells that maintain the tissues comprising pancreas, heart, bone, liver, kidneys and the immune system lose functional capacity, raising the potential for decline in tissue function or outright failure with age.

The five senses of sight, hearing, smell, taste, and touch slowly wane with age, as the declining stem cell population responsible for maintaining these functions are unable to fully replenish the sensory neurons after injury and random cell death. With age, there are progressively fewer functional skin stem cells, so the skin slows, leading to thinner, dryer skin that loses its elasticity and youthful beauty. The hair thins and goes grey as functional follicle stem cells decline.

Ageing is a worldwide disaster—out of roughly 150,000 people who die each day across the globe, about two thirds die from age related causes, many of which are preventable.



Why do children heal and recover from injury and illness so quickly? Its because their system of stem cell release into the bloodstream is functioning at optimal levels. The older we get, the fewer and fewer stem cells are released and the more easily we succumb to health problems, injury and ageing. From birth to 30, we were almost bullet proof with radiant skin and flexible bodies.

Our major internal organs such as kidneys, liver and lungs are totally replaced about every 4 years, our heart is totally replaced about every 20-25 years and our intestines are replaced about every 6-7 days. However, when we get to 35, our body's ability to release stem cells reduces by about 45%; at age 50 it reduces by about 50% and by 65, it reduces by 90%. Also, if we are sick, we release even less stem cells.

If it takes 4 years to replace your kidneys when you are replacing your cells at 100%, think about what is happening to your kidneys at 65 when you are replacing at only 10%. Your internal organs are slowly dying. This is why the signs of ageing increase so dramatically after 65.

HOW STEM CELLS HELP WITH AGEING

The National Institute of Health identifies 74 treatable diseases using adult stem cells including auto-immune, diabetes, arthritis, strokes, liver and kidney diseases etc.



Apart from that stem cells help:

Promote brain and neural health;
Maintain the vigour and health of the cardiovascular system;
Enhance skin elasticity and tightness to reduce wrinkles;
Promote immune system and joint health;
Promote strength and endurance in vigorous exercise; healthy kidneys, liver and pancreas, intestines, colon and bowel regularity;
Enhance sexual potency and performance;
Promote improvements in eyesight.



With more stem cells, we have more energy; better sleep; mood and focus; we can exercise and move easier, we feel stronger and feel more resilient and our whole body works and feels better;

WHAT DOES YOUR STEM CELL BANK ACCOUNT LOOK LIKE?



Lets think of stem cells as our internal “bank account”. With more stem cells circulating in our bloodstream, our immune system will be strong and everything will function optimally in our body. As we get older, the withdrawals get greater and the deposits less, so if we’re not careful, our stem cell account can become bankrupted. This is when ageing and disease really kick in. **How is your stem cell bank account doing?**

When we understand how to release more of our stem cells naturally, we can let go a lot of our fears around ageing. It will have profound effects on our health and wellbeing and provide an untapped resource for repairing old injuries, regenerating muscles, rebuilding bones and cartilage and give us more energy, stamina and focus.

Results of many scientific studies indicate that increasing the number of circulating stem cells is probably the single most important thing you can do to maintain optimal health. P.2

SCARY STATISTICS OF AGEING

According to the National Council on Aging, about 92% of seniors have at least one chronic disease and 77% have at least two. Heart disease, stroke, cancer, and diabetes are among the most common chronic health conditions causing two-thirds of deaths each year.

A senior dies from falling every 29 minutes, making it the leading cause of injury among the elderly. Ageing causes bones to shrink and muscle to lose strength and flexibility, so seniors are more susceptible to losing their balance, bruising and fracturing a bone. Two diseases that contribute to frailty are osteoporosis and osteoarthritis.

A common mental disorder among seniors is depression, occurring in 7% of the elderly population. Unfortunately, this mental disorder is often under-diagnosed and under-treated.

Incontinence and constipation are both common with aging and can impact older adults' quality of life.

The most common cognitive health issue facing the elderly is dementia, the loss of cognitive function. Approximately 47.5 million people worldwide have dementia. The most common form of dementia is Alzheimer's disease. Most common diseases in elderly:

- | | |
|-------------------------------|----------------|
| * Adult onset diabetes | * Arthritis |
| * Kidney and bladder problems | * Dementia |
| * Parkinson's disease | * Glaucoma |
| * Lung disease | * Cataracts |
| * Enlarged prostate | * Osteoporosis |
| * Macular degeneration | * Alzheimer's |
| * Cardiovascular disease | * Depression |

Most of these diseases are avoidable by increasing the amount of circulating stem cells into your blood stream.

It's important for our health to exercise, eat good food, drink clean water and stay clear of pollutants and toxins. Traditional health supplements and good food nourish existing cells. They do not create new cells and regenerate the body.

Adult stem cells are “master cells” which replace any damaged, sick or worn out cells in the body. They serve as one of the body's Natural Renewal Systems. They are the best anti-ageing system ever known and your key to optimal health.

STEM CELL NUTRITION A NEW PARADIGM IN HEALTH AND WELLNESS

Some years ago, Scientists discovered that an aqua botanical from Lake Klamath/Oregon, known as AFA contains unique molecules that modulate various aspects of human health such as: PEA—a natural mood enhancer and Phycocyanin, the blue pigment in AFA which has strong anti-inflammatory properties and polysaccharides that stimulate the migration of immune cells.



Klamath Lake

But the most extraordinary discovery is that it is the first natural compound known to stimulate stem cell release and has the innate phenomenon of healing, regeneration and repair in the human body. These stem cells can become new organs, brain, kidney, skin, heart, pancreas, thyroid or eye cells, etc.—whatever the body needs to regenerate. The more stem cells in circulation in your body, the more repair happens.

A product containing AFA is now available in Australia—it is the only clinically proven and patented product in history that triggers the release of our own stem cells. Every time we take one dose, 4-9 million (34%) more stem cells will be released from our bone marrow, patrol the body and migrate into areas needing assistance. The body's innate intelligence will direct those stem cells to wherever they are most needed. They replace damaged or worn out cells and can become virtually any other cell in the body.

This is one of the most exciting breakthroughs in health and wellness of our time and an absolute game changer for longevity and turning back the clock. The regenerative power of stem cells limits the decay process and shields us against the eroding effects of ageing. It's the ultimate anti-ageing therapy—you can restore more youthful levels of energy and resolve age related damage to face, body and organs and improve the overall health, strength and function of cells, making your body younger, stronger and more robust.

**STEM CELLS ARE THE ONLY KNOWN SYSTEM THAT ACTUALLY
REBUILD THE BODY**

EFFECTS OF AFA ON BRAIN FUNCTION

Generally, people taking AFA have reported an elevation of mood, an enhancement of mental energy, clarity, and an increase in quality of life. It was discovered nearly two decades ago that the amount of PEA in the brains of depressed patients was less than that of normal individuals. It is released by the brain when one experiences love and joy. When taken orally, PEA is known to readily cross the blood-brain barrier where it acts by increasing the concentration of dopamine, a neurotransmitter associated with pleasure and mental alertness. It has also been shown to reduce appetite.



David Wolfe (Visionary Nutritionist) in his book “Superfoods” lists AFA from Klamath as one of the top 10 “Superfoods”. He says: *“It stimulates the production of stem cells; is loaded with chlorophyll which helps build our blood and contains 40 major and trace minerals (especially iron, zinc, selenium and magnesium) necessary to build bones, teeth, skin, hair, nails, internal organs, muscular system, immune system and nervous system. It is an excellent source of B vitamins; is a complete protein source and has 18 amino acids. The Phycocyanin helps inhibit the growth of certain cancer colonies.”*

THE BIOCHEMISTRY OF AFA.

“Over the years, people consuming AFA have reported benefits related to hypoglycaemia, poor memory, ADD, chronic fatigue, high cholesterol, high blood pressure, poor immunity, skin problems, allergies, asthma, rheumatoid diseases and depression. Cases have also been reported of significant improvement in conditions such as epilepsy, multiple sclerosis, diabetes and myasthenia” C. Drapeau—Primordial Food.

THE DISCOVERY THAT BONE MARROW STEM CELLS CONSTITUTE THE NATURAL RENEWAL SYSTEM OF THE BODY HAS PAVED THE WAY TO A NEW PARADIGM IN HEALTH

STEM CELLS and HEART HEALTH



Your heart beats about 100,000 times a day. That's about 35 million times each year. How much work is that? Give a tennis ball a good squeeze and you are using about the same force that the heart uses. As a result of this action, 5½ litres of blood circulate through your whole body three times a minute. That's roughly 9,000 litres travelling many times through 96,000 km. of branching blood vessels daily. This is done

by a 280g muscle the size of your fist. Its no wonder some people's hearts just wear out!

A number of studies clearly demonstrate that the heart muscle is in a constant process of regeneration. For someone who has had a heart attack, it has been shown that the most important thing for their recovery is the level of circulating adult stem cells in the blood stream. Stem cells can become muscle cells, so your heart can be regenerated.

**Stem Cell Nutrition is the Ultimate Anti-ageing Treatment that
Helps us Turn Back the Clock.**



**ANTI-AGEING IS NOW A REALITY
PROMOTES POSITIVE MIND and MOOD
SCIENCE BASED CLINICAL TRIALS**

SPORTS PERFORMANCE and STEM CELL NUTRITION



Many doctors agree that one of the key elements of optimal health is regular exercise. However, a continual process of breakdown and renewal occurs from doing any form of exercise - especially athletic type of training. The key to maintaining optimal health is to balance the breakdown and the renewal of the body. But when this process gets out of balance problems are more likely to occur. This

is more evident with athletes, where the constant demands for renewal are more complex as they are doing more to breakdown. Getting this balance right therefore, is critical if athletes want to improve their performances. The opportunities for stem cells to enhance this procedure and shorten time frames for recovery is becoming evident. The number of your own stem cells available in your body can be enhanced within 1 hour - this will have profound effects on your health and wellbeing and provide an untapped resource for repairing old injuries; regenerating muscles; rebuilding bones and cartilage and give you more energy and stamina.

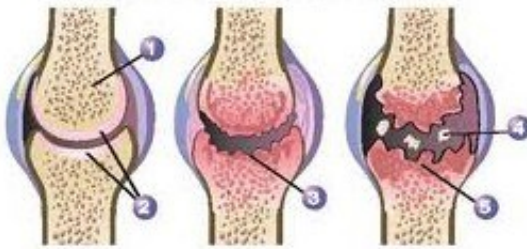
Science has just recently discovered that the only system known that **actually** rebuilds the body is your own stem cells. We need vitamins, minerals etc. but none of them rebuild the body and can bring back new tissue, bone, organs, muscles etc. More exercise = more damage, but with extra stem cells you will become stronger, repair your muscles and have quicker recovery and resilience.



Use stem cell nutrition if you are looking to:
Increase performance and focus; recover faster; tone up;
develop endurance and strength; reduce soreness;
regenerate muscles, tendons, bones and cartilage; sleep better;
repair old injuries and keep your body in tip top shape so you
can do what you love for longer.

STEM CELLS and ARTHRITIS

One in five Australians suffers from Arthritis which is painful inflammation and stiffness of the joints. Inflammation is part of the body's response as a protective mechanism to remove damaged cells, irritants and infection from an area to start a healing process. The most common form of arthritis is Osteoarthritis (degenerative joint disease) which is often the result of: injury eg. accident; repetitive use; infection of the joint or ageing. Osteoarthritis begins in the cartilage and eventually leads to the two opposing bones eroding into each other.



Evolution of Osteoarthritis

1. Bone
2. Cartilage
3. Thinning of cartilage
4. Cartilage remnants
5. Destruction of cartilage

The major complaint by people and animals who have arthritis is joint pain and stiffness. The pain from arthritis occurs due to: inflammation around the joint; damage to the joint from disease (eg. rheumatoid); daily wear and tear of the joint; tiredness; muscle strains from forceful movements.

How can Adult Stem Cells Help Arthritis? Research now shows that the body heals itself via the migration of adult stem cells from the bone marrow. Damaged cells release a compound that calls adult stem cells to the damage. Providing they can get to the tissue, they can turn into that tissue and renew the damage. For example in arthritis: adult stem cells can become Chondrocytes (the cells that produce new cartilage); adult stem cells can become new bone cells and have been linked with an increase of Lubricin (a protein found in joint fluid that acts like a shock absorber).

Adult stem cells can be very beneficial in the prevention and management of arthritis.

Adult stem cells are predominantly formed in the bone marrow. And just as in the beginnings of life, they can literally change into any type of cell in the body throughout life. These stem cells seek out problem areas, then renew and restore them.

DIABETES

Diabetes is a group of metabolic diseases where there is high blood sugar levels, either because the body does not produce enough insulin or because cells do not respond to the insulin that is produced.

Type 1 Diabetes is due to the loss of insulin producing beta cells of the Islets of Langerhans in the pancreas leading to insulin deficiency. Without insulin our cells cannot uptake blood glucose.

Type 2 Diabetes is due to improper response to insulin which may be combined with relatively reduced insulin secretion. The liver and muscle cells do not respond correctly to insulin. As a result, blood sugar does not get into these cells, so high levels of sugar build up. Increased fat stored in the body makes it harder for your body to use insulin.

How Diabetes Damages the body. Blood sugar accumulates in the blood and the excess glucose can attach to proteins in the blood and alter the vessels' normal structure—eg. the vessels become thicker, making it hard for blood to squeeze through. This can lead to blockages in the heart which can cause heart attacks. Blocked vessels in the legs can cause pain and impair circulation—cuts and infections are then less likely to heal and can lead to ulcers and (worst case scenario) gangrene and amputation.

Kidney Disease starts when the blood vessels in the kidney become leaky which allows protein from the blood to be excreted in the urine. Eventually some vessels collapse and the remaining blood vessels are also damaged and the kidneys may fail.

Nerve Disease. The nerves that become damaged are the ones that allow you to sense temperature or pain on the skin. For most Diabetics, the nerve damage affects the feet and lower legs causing numbness. The real problem arises when numbness allows injuries to go unnoticed.

How Adult Stem Cells Help with Diabetes? Bone marrow stem cells are able to migrate to the pancreas and become functional insulin producing pancreatic B-cells. **Adult Stem Cells can also become kidney cells.** Stimulating the release of stem cells results in the development of new blood vessels in the pancreas, lowering blood glucose. It also supports the recovery of diabetic wounds.

AGEING, SKIN & HAIR.

One of the causes of ageing is the decline of our stem cell production. The most visual response is people's facial skin glowing after taking stem cell nutrition. Improvements may also show in pigmentation, decreased bruising and increased elasticity. **People have also reported grey hair returning to its original colour.**

**Reversal of Macular Degeneration
4 months on stem cell nutrition**



**Worn Knee Cartilage
New cartilage in 7 months**



New cartilage in 7 months,
2 capsules twice a day



**Stem Cells Renovate your
Living Body**

Imagine the analogy of stem cells being like renovating a house. The body's intelligence directs your stem cells to wherever they are needed to regenerate

it, so you don't even have to think about what needs renovating!! It's like having a magic renovation genie running around your body 24/7 fixing everything even before you know something's wrong.

When Stem Cell Nutrition is used as a daily supplement over time, the stimulation of billions of additional stem cells in the bloodstream could be one of the safest and most efficient methods for maintaining optimal health that science has yet discovered.

TESTIMONIALS



I recently did a survey and asked people what their fears were around ageing and this is what came up:

For some it was financial, but for others more physical—like getting old and dodderly, wrinkles, no energy, aches and pains, trouble getting out of bed and up and down stairs, loss of bone density thinning hair, sore joints, constipation and incontinence, not being able to play sport, losing independence and generally looking like s*** **Marita Mason**

Cartilage, Eyes, Joint Pain, Bleeding Gums, Brain Fog, Immune System MARITA MASON

I've been extremely fortunate to have been on stem cell nutrition since 2007 and have none of these symptoms. I turn 70 this year and was told in 1998 after a knee operation that I could end up in a wheelchair if I kept playing tennis. I'm now playing 3-4 times a week, so my cartilage has regenerated; I don't have any more arthritis or joint pain; I still don't wear glasses, have bleeding gums or brain fog. My immune system is also stronger.



Thinning Hair, Energy, Stronger and Fitter SHAKTI SELWOOD

Almost overnight turning 60, I was dragging myself around to do things. My energy was waning, sleep was disrupted, my hair was getting dry and brittle, but what scared me the most was my hair was thinning. I was ageing overnight. My skin was more lined and age spots appeared. I panicked a bit as I considered I was looking after myself well, but ageing creeps up on you and it's a struggle to get that youthfulness and energy back.

There has been an amazing difference in my energy after being on stem cell nutrition for 2 years; I have a lot more strength and feel I have reserves of energy at anytime. Most important to me, my hair is much softer and thicker. I am feeling younger stronger and fitter than I was before stem cell nutrition and am growing my hair.



**Fibromyalgia, Wrinkles, Weight loss, Prawn
Allergy, Hay Fever ADELINA VANDERZEE**

After the first 5 months on stem cell nutrition, I noticed my severe aches and pain from fibromyalgia went; my wrinkles diminished; I felt more vibrant and more energetic and was told I look younger. I have now been on them for 7 years and feel like I am ageing gracefully backwards.

I had **severe rashes** for about 6 months which was very painful, itchy, red and inflamed on much of my body. Cortisone creams took away the stinging for a while but it would return with a vengeance. Within 3-4 months, my rashes vanished and replaced with soft skin with no scarring.

Weight Loss – My weight had previously increased. It was impossible to shake off. My appetite started to reduce and gradually within 4 to 5 months, I lost 8-10 kilos without even trying, much to my delight. My body shape changed to like I was many years younger.

Wrinkles – deep cracks, crow's feet started vanishing—my facial therapist noted as she examined it under the magnifying glass lamp over time.

Looking younger – when I was at the Emirates counter flying to Singapore to meet my god parents who had seen me before I started the supplements, the lady kept looking at my passport photo and me and said “I cannot believe you look younger now that in your passport photo” that was taken several years prior.

When I got to the airport in Singapore, my god parents could not locate me but noticed my husband due to his Kojak hairdo and was wondering who that young girl was beside him. I started jumping out of bed in the morning after being on the supplements which was very unusual for me. Initially though, I felt very sleepy as my body began to regenerate.



My **fibromyalgia** is gone; my **facial pigmentation** is fading; I feel clearer in my mind; its much easier to cope with stress and I need less sleep without getting sick. I had developed a severe **allergy to prawns** when I was in my early twenties and now after many years on the supplements, I am able to eat them again with no reaction. My allergist mentioned that that is most unusual.

I also had a **wheat allergy**, but now I am noticing I can now eat wheat products. My **hay fever** is also less severe.

After 5 months

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**Recovery after Workouts, Back and Knee Pain,
Bursitis, Inflammation, Clarity SHARON RICHARDS**

I've been taking stem cell nutrition for some months, and I certainly wouldn't be without it. I initially started taking it due to the pain and inflammation I was experiencing in my body from prior injuries. At the time I had debilitating lower back pain from a

disc issue, knee pain and bursitis in the hip. It took a few months on the products for the full effects to take place. However, what I did notice initially, it gave me a bit more clarity and energy. Over time I also noticed that the pain and inflammation I used to experience almost daily had reduced significantly. This allowed me to get back in the gym and start on a rehab protocol. After doing a bit more research on AFA and benefits I know these supplements aid with helping oxygenate muscles, boost power, increase focus and aid in recovery. I am so grateful for these amazing products.



**Physical Energy, Mental Clarity, Improved
Vision, Prostate Problems JOE VENTRA**

I have been involved with health and nutrition for over 20 years and after a month of taking this product I have noticed improvements in many areas of my life. In 2018 I was deployed to the Commonwealth Games to conduct security supervision for 3 weeks in different venues. In that time, I worked over 150 hours in 14 days which really tested my body's endurance levels. After the first weekend of taking stem cell nutrition and working 12 hours a day, I noticed NO lactic acid in my legs; NO pain in knees; more energy and mental clarity than before, while the only pain was from blisters on my feet through pounding the concrete. I was so overwhelmed with my ability to be able to remember where guards were posted without any reference to my notepad.

After 8 weeks on stem cell nutrition I was asked to complete a work medical test, one of which involved an eye test where you had to read a chart from a set distance in a room, starting with both eyes and then one eye at a time. I was able to read the chart with ease. The medical doctor replied that she was amazed, as there were younger people that couldn't read the chart fully.

This product has also helped with prostate issues and I am now excited to hear more amazing testimonials coming in everyday from others.

Spinal Break, Suicidal Depression, Bipolar **RAELENE JURY**



I have enjoyed a *full swing ahead* physical life but unfortunately I have endured **MANY broken bones** including **6 spinal breaks**, a shifted & **rotated hip** with a spinal twist, as well as a **broken neck** with approximately 4 months of left side paralysis. I've also had depression since 1965, **Suicidal Depression** since 1972 and was eventually diagnosed in my early 20's as **Bipolar, Dyslexic**, a **slow learner** and not able to structure

sentences properly or read or write effectively. I have tried many, many forms of mental, emotional, physical, nutritional and medical modalities every few years, with no major positive long lasting effects for an uplifting positive future. However, since starting on stem cell nutrition my life has done... not just a 360deg... but a true 720.

Leaky Gut, RSI, Asthma **JOSS MARTIN**



At the age of two I had mumps, chicken pox, measles and scarlet fever - one after the other. This left me with a depleted **immune system** and severe **asthma**. After a childhood of bronchitis and many medications, I developed **leaky gut syndrome, arthritis** in fingers and inflammatory pain throughout my body, and still dependent on asthma medication.

I have tried many natural remedies which helped, but none gave the confidence to drop medications. After a short time on stem cell nutrition, I noticed that the **RSI** and **leaky gut** had corrected themselves and asthma symptoms decreased as the scarring in my lungs began repairing. Now, using all the products, I have had a huge leap forward in health. I feel free, knowing I no longer depend on medications to live an active life. I am so grateful for these products.

Severe Back Pain **PETER CLARK, Hervey Bay**



I was unable to do some of the simple things in life. Severe back pain stopped me from enjoying life. Unable to garden, fish or work in my shed, I became depressed with life, which was not me. After taking stem cell nutrition I am back to enjoying life. Every day I am grateful to these products for assisting my body's innate ability to renew and repair. I feel fantastic.

Energy, Sinuses, Brain Fog, Memory, Sleep, Weight Loss

TOBIAN CLARK, Hervey Bay.



My husband had such amazing results for his health and body from these products that I started taking them and within a short time I was feeling happier. I had more energy and my sinuses began to clear. My brain fog lifted, my memory has returned and I can multitask once more. I am amazed at how fantastic I am feeling and as time goes by, I reach new milestones. I am sleeping much better and I have started

to lose weight because I have more energy to burn. I love the new me that is emerging and am committed to helping my body regenerate.

Multiple Sclerosis MARY SAYERS, Perth



A year ago I was diagnosed with MS which was really frightening. A friend told me about stem cell nutrition and the Naturopath advised me to take 9 stem cell enhancers each day which I did, together with 4 anti-inflammatories. Recently I had another MRI and was told that I no longer had MS. Woo Hoo!!!! Needless to say I am over the moon.

In the first weeks of being on the product I was very tired, so I rested and paced myself. I had been warned that I could go through a healing crisis, so was aware this could happen as the body starts to heal.

Hair Regrowth and Back to Original Colour

GRAHAM SCATTERGOOD



1st April, 2017



14th July, 2017

Nat noticed that there was a lot of hair on her husband Graham's head recently whilst doing some painting around the house. So she got a photo of Graham on the day of their daughters wedding which was on the 1st of April, 2017. The second photo was taken on the 14th July (3 1/2 months later). Not only has it grown back since

using stem cell nutrition, it is also going back to it's original colour!

ADULT STEM CELLS AND ANIMALS

Adult stem cells are the “master” cells found in your pet’s body after birth, most abundantly in the bone marrow. They form the very core of the body’s natural system for animals, just as they do for humans.

WHY DO PETS NEED STEM CELL NUTRTION?

As your pets grow older, the number of circulating adult stem cells gradually decreases, leaving your furry friends more susceptible to injury and other health challenges. By releasing adult stem cells from the bone marrow, your pet’s ongoing health is supported.

RECOMMENDED DOSES FOR DOGS (empty capsules into food)

SMALL DOGS (Under 10 kgs). Maintenance Dose: 1/2—1 cap. per day. **Hot spots (allergies)** 1 cap. twice a day. If scratching subsides continue on the same dose for a few weeks then a maintenance of 1 cap. daily. If scratching does not subside after 5 days increase to 2 caps. twice per day until it does then decrease slowly to maintenance level.

Arthritis or serious condition: Day 1: 1 daily; Day 2: 1 cap. twice daily; Day 3: 2 caps. twice daily until better.

MEDIUM DOGS (Under 25 kgs): 1-2 caps daily for maintenance (or more with problems).

LARGE DOGS (Over 25 kgs): Maintenance – 1 capsule per day or 1 cap. twice a day If unwell – start with 2 caps twice a day.



"BEAU" Enlarged Heart , Lifeless.

Beau, a Jack Russell began to look lack luster, walking became difficult and any exertion put him into spasm and then he would pass out. He was diagnosed with advanced heart condition. He began the daily heart treatment and recovery was very slow, he did not have his old “oomph!”. He was given 24 hours survival. It was suggested that we try stem cell nutrition.

He responded and survived the first day and within 5 days he was walking around the house, no coughing, passing out or heart failure. In the first week he became amazingly vital and within 6 months his hair had grown back to its young colour and he was leaping and running up flights of stairs. He can walk 5 kms each morning, and is generally enjoying a much better standard of life. His eyesight has improved he now has quality of life.

Dorothy Ferris Queensland



Before and After Stem Cell Nutrition

"SNEEZY" Slow Heartbeat

"Sneezy" my male Pekingese was 10 years old when he had a very slow heartbeat. His medication was Fortekor 5. He just used to lie in a quiet spot in the house or outside under his favourite tree.

It always looked as though he had stopped breathing. I would call his name and hold my breath until he slowly responded. He walked very slowly, just like a little old man. He hardly ate any food, and I was slowly saying "goodbye" to my little Sneezy. I gave him ½ capsule of stem cell nutrition everyday and his body miraculously started responding. Three days later he was full of bounce and life. He started eating well and barked at every movement around him. Again, I could not believe his remarkable improvement ~ in just 3 days! Some months later, we took Sneezy to the vet, who told us that his heart was normal again! We have weaned him off his heart medication. Wow! I have my little Sneezy back! He also had large cataracts but now they are very small, not to mention how beautiful his coat is looking.

Christine, South Africa

"DJAPANA" - Slow and Lazy.

However, she runs around like a 2 year old, racing down to the gate (a distance of 500m) when we come home and then racing the car back up to the house. This has only happened since we have been giving her stem cell nutrition starting in mid May this year. Before that she was getting a bit lazy and waiting for us near the house.

Gloria C. Perth, W.A.

"KEL" - Trauma



Our Kelpie is called "Kel" which we got from a dog rescue 5 years ago. He had been severely abused and it took much work with this beautiful boy to get him over his trauma experiences.

Unfortunately he developed arthritis and it became more and more difficult for him to walk and jump. Many vet visits and injections helped. but were not totally satisfactory. Then I came across stem cell nutrition and it made such a difference. No more injections and expensive regular vet visits, instead

the morning capsule and I got a happy dog again who can walk and jump and appeared to be pain free. What else can you wish for.

Keith W. Queensland

WHY IT IS BEST TO TAKE THE PRODUCTS FOR 3-6 MONTHS.

Once in a while, people will experience amazing results after a few days of taking stem cell nutrition. However, these cases are the exception and expecting them does not serve everyone's best interest. The reality though, is that the body experiences a very normal and natural decline, and quality of life generally decreases as we age. It is this process of cellular loss, over years and even decades, that slowly leads to health problems. People sometimes finally decide that the time has come to do something for their health, assuming that two or three decades of slow health decline can be reversed in a week! Tissue repair and renewal is a process and health is a balance between tissue renewal and cellular loss.

A large proportion of the people beginning to take stem cell nutrition are likely to see benefits within 2-3 months. This may or may not be related to anything that the person might want to see in terms of benefits. For example, while someone might wish to see a reversal in hair color and the development of a more youthful appearance, stem cells may have an entirely different priority and might focus their effort on renewing an ageing liver or pancreas that have not yet shown signs of a problem. The best approach is to try the products for a few months and let the body's stem cells do their work naturally, according to the body's own priority.

THE HEALING CRISIS.

Sometimes people taking the products, may notice symptoms of an old condition flaring up and surmise that the products are not good for them, when just the opposite is true. Adult stem cells enter tissue and cause regeneration and this may cause discomfort due to increased circulation, activity, natural cleansing and detoxification. This has often been named a "healing crisis" because the body is healing itself and becoming stronger and overcoming ill health. The symptoms can be dramatic and rather unpleasant during this time.



The common symptoms include nausea, diarrhoea, sinus congestion, muscle aches and pains, headaches and fatigue. This generally lasts only a few days, although if it continues longer, you can cut your intake of the products by half for a week or so. The bottom line is that daily renewal is necessary for the body to function and "get to the next level", even if the process results in temporary discomfort. Assisting the natural release and activity of our stem cells is one of the best things we can do for our daily renewal and overall well being.

AGEING IS INEVITABLE DOING IT GRACEFULLY IS OPTIONAL



**You do
have a
choice!**

**Don't leave
it to chance**



MOST COMMON DISEASES IN ELDERLY:

- | | | | |
|---|------------------------------------|---|---------------------|
| * | Adult onset diabetes | * | Arthritis |
| * | Kidney and bladder problems | * | Dementia |
| * | Parkinson's disease | * | Glaucoma |
| * | Lung disease | * | Cataracts |
| * | Enlarged prostate | * | Osteoporosis |
| * | Macular degeneration | * | Alzheimer's |
| * | Cardiovascular disease | * | Depression |

Most of these diseases are avoidable by increasing the amount of circulating stem cells into your blood stream.

**IF YOU WANT TO STAY AWESOME FOR LONGER
CONTACT:**